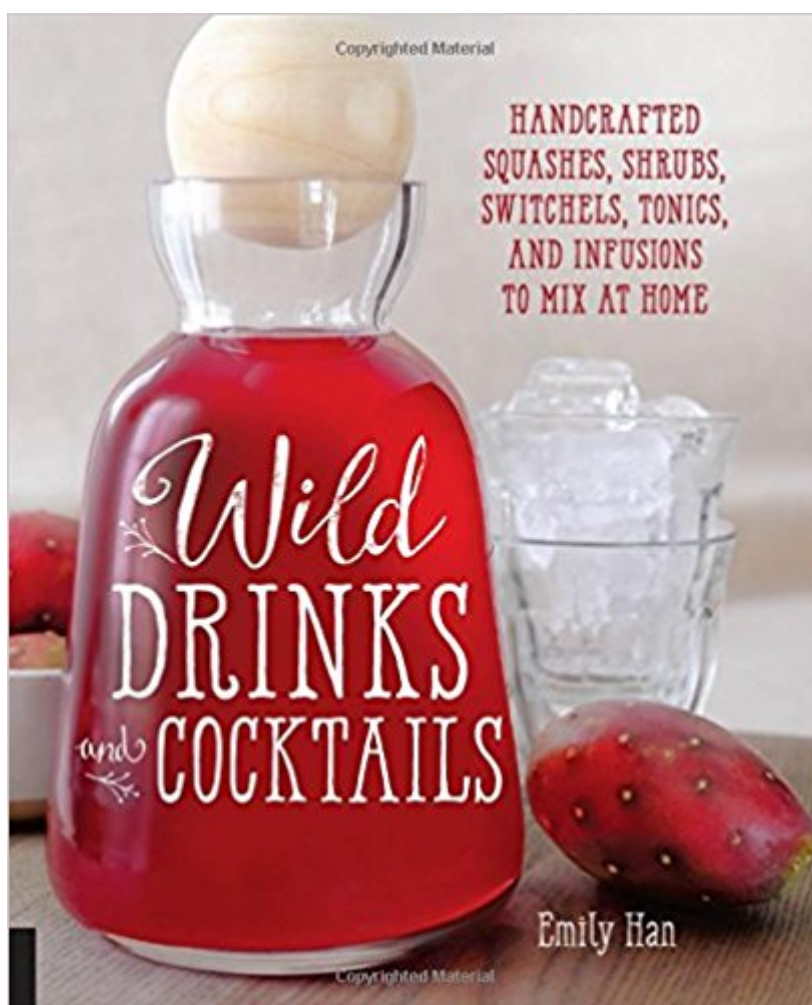


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# Wild Drinks & Cocktails: Handcrafted Squashes, Shrubs, Switchels, Tonics, And Infusions To Mix At Home



## Synopsis

Create your own handcrafted drinks and cocktails using local, fresh, or foraged ingredients. Tired of boring, artificial, too-sweet drinks? Go wild! It's time to embrace drinks featuring local, fresh, or foraged ingredients. It's easy with *Wild Drinks & Cocktails*. Using ingredients you can find in your own backyard, farm, or local market, you can create artisan drinks that will leave you feeling refreshed and even revitalized. Learn useful fermentation techniques to make your own kefi, and homemade soda. Brew your own teas, mix your own squashes, shrubs, switchels, tonics, and infusions. You can even use the recipes to create powerful and healthful craft cocktails. Craft drink expert Emily Han creates unique flavors in the 100 drink recipes, each with powerful health benefits, along with a sentimental nod to drinks of another era. *Wild Drinks & Cocktails* teaches you the techniques you need to know to handcraft your own infused waters, syrups, vinegar drinks, spirits, wines, and sodas. Join the drink renaissance with *Wild Drinks & Cocktails*. "Emily Han's carefully crafted book, *Wild Drinks & Cocktails* dispels the common wisdom of great drinks are only to be built by professionals. These simple cocktails are not short of brilliant- from locally-gathered ingredients constructed with our own, very capable hands, no pro's needed!" - Warren Bobrow, author of *Apothecary Cocktails*, *Whiskey Cocktails*, and *Bitters and Shrub Syrup Cocktails*

## Book Information

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## Customer Reviews

"Drinks and cocktails are an inspiring and fun way to preserve the delicious flavors of nature, and Emily Han's accessible and enticing recipes make it so easy to start." -Tama Matsuoka Wong, *Foraged Flavor* "An excellent companion volume to Ashley English's *Quench*, this beautifully

photographed work will be a boon to both imbibers and teetotalers with adventurous palates and an interest in unusual ingredients." - Library Journal"Emily Han brings a wealth of knowledge on foraging and fermentation to Wild Drinks and Cocktails with inventive and vibrant, but easy to prepare, recipes for traditional oxymels, shrubs and homemade sodas. Wild Drinks and Cocktails is both unique and approachable." - Jennifer McGruther, Nourished Kitchen"Emily offers readers an accessible and beautiful volume packed with years of dedicated research, hands-on experience and teaching the art of crafting with wild and cultivated plants. This book will surely be a go-to for gardeners, beginning wildcrafters, herbalists and all people who enjoy capturing the bounty of nature in unique beverages to sip and share." - Kate Payne, The Hip Girl's Guide to Homemaking & The Hip Girl's Guide to the Kitchen"Expert forager and wildcrafter Emily Han has crafted a collection of recipes that transforms backyard weeds, feral fruit, and even the nuts from your neighbor's tree into an array of infusions, decoctions, and liqueurs that are useful, nourishing, and delicious. Truly, this magical book will forever alter the way you interact with the natural world that is all around you." Marisa McClellan, Food in Jars

Emily Han is a Los Angeles-based forager, wildcrafter, drink maker, and history lover on a mission to bridge modern-day herbalism and beverages. She is an expert in food preservation and apprenticed with the acclaimed cocktail chef Matthew Biancaniello. She blogs at EmilyHan.com and is the founder of LA Food Swap and co-founder of Food Swap Network. She was a longtime contributor at The Kitchn and she has been interviewed by New York Times, Sunset Magazine, BBC News Magazine, Boston Globe, LA Weekly, Yoga International, and Urban Farm, among others.

Bought this book after a webinar I saw with Emily and I'm absolute loving the variety of drinks! As an Herbalist of many years, I am amazed at the different combinations of goodness she incorporates! I especially love the syrups and the Grapefruit and Sage Kefir Water! Yum! Got my Ginger Bug going and can't wait to use it to make healthy fizzy drinks for me and my grand kids! Thank you Emily for writing this book!

Great diversity of drinks from the very healthy to cocktails. Easy to follow directions and very helpful tips throughout the book. I have several fermentation books and this is the one I always turn to when making fermented drinks.

Emily Han includes so many tips to go along with her recipes. I love the fact there are so many fresh ingredients that I can walk out my door to retrieve. If you like herbs and yummy drinks, I'd buy this book! So many pretty pictures, too:)

Our first use of this volume was to follow directions for the ginger bug. No more store bought ginger ale for us! We can't wait to try more of these fabulous recipes.

Emily Han's book is full of delightful recipes for all sorts of drinks, for kids and adults. Easy to read recipes, gorgeous photos, and so much plant knowledge can be found here!

This book is fabulous, interesting and a makes a great gift! The author is very talented and one to watch.

Super fun book with outstanding information and recipes. Wonderful gift.

I love this book. There are a lot of yummy drinks to make and are from natural ingredients.

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Drinks from Yesterday and Today The Everything Bartender's Book: Your Complete Guide to Cocktails, Martinis, Mixed Drinks, and More! (Everything Series) The Essential Bar Book: An A-to-Z Guide to Spirits, Cocktails, and Wine, with 115 Recipes for the World's Great Drinks Cocktails and After Dinner Drinks: 35 Classy Cocktail Recipes from Vodka to Champagne to Topsy Desserts Southern Cocktails: Dixie Drinks, Party Potions, and Classic Libations Big Bad-Ass Book of Cocktails: 1,500 Recipes to Mix It Up! DIY Cocktails for Any Occasion: The Cocktail Party Guidebook to Learn How to Make Edible Cocktails and More How I Healed Myself from Toxins: Alkaline Smoothies, Juices, Soups & Desserts. High-Energy Foods, Detox Drinks & Natural Weightloss Drinks: How to Balance ... Fastest Way to Sustainable Health Book 1)

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